

Cross de Bolbec 2025

Dimanche 23 novembre



**Ouvert à tous !
Licenciés et NL FFA**

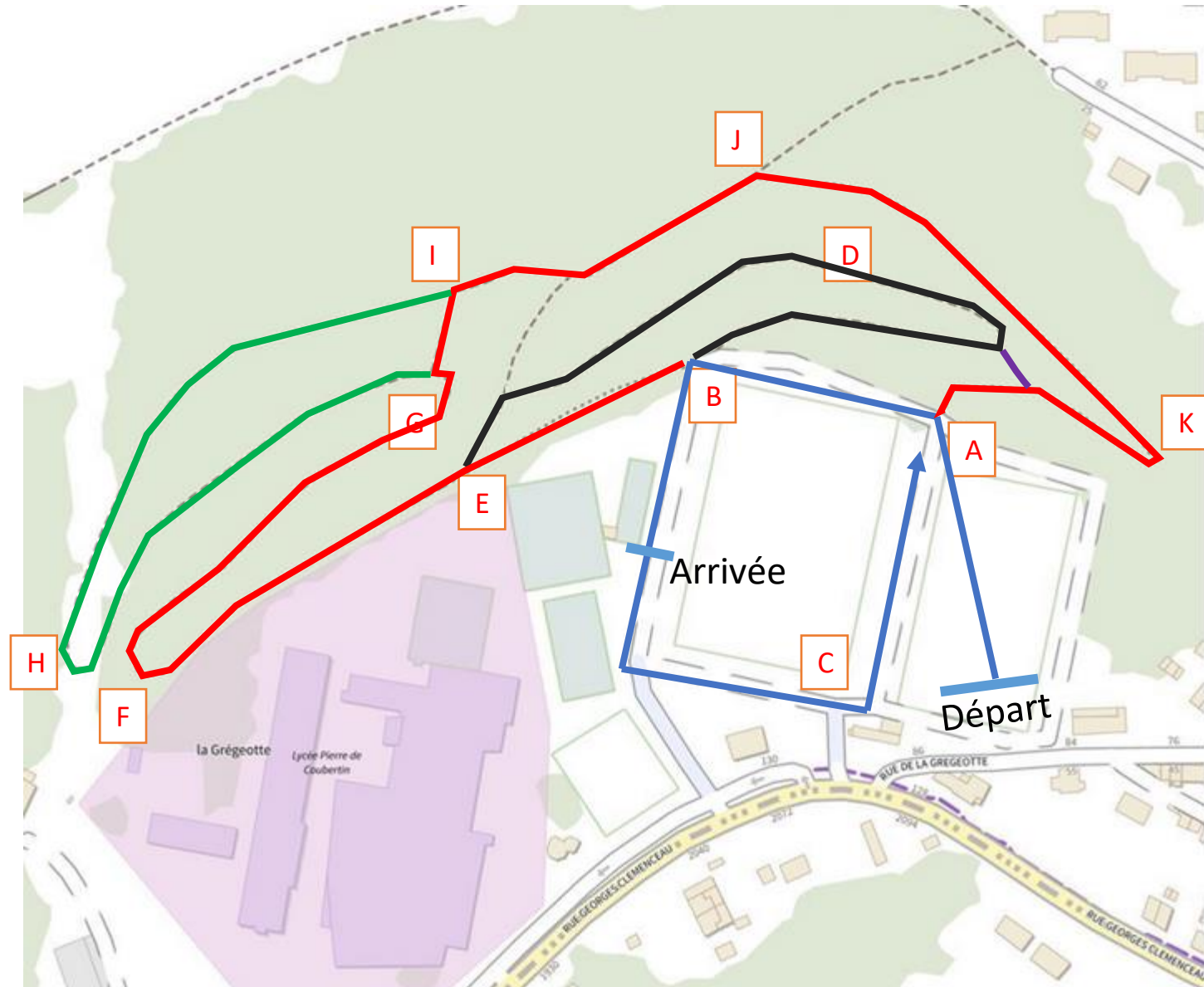
**Stade Tetlow,
Entre 9h45 et 12h00**



Infos, règlement et primes : www.gabsite.fr

Inscriptions : crossdebolbec@gabsite.fr

Vue Globale





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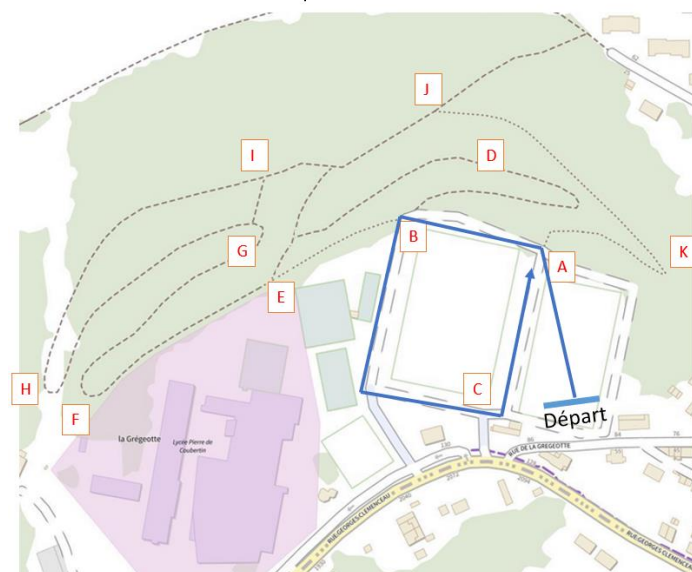
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Horaires et Parcours

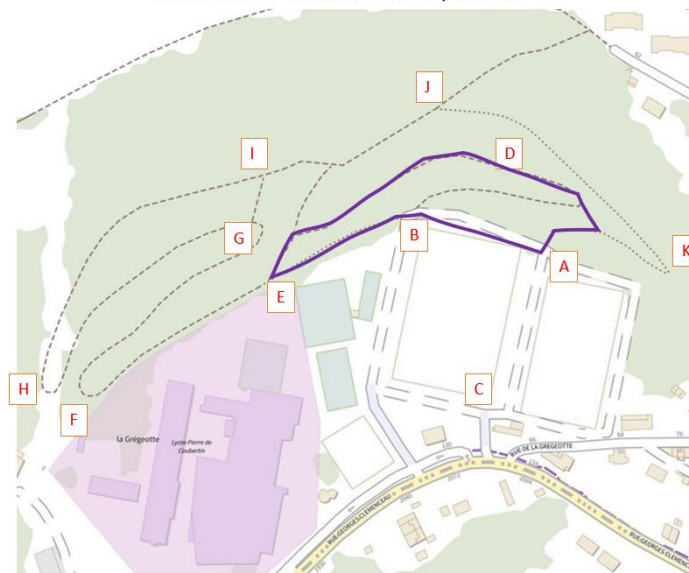


Programme	Denivelé	0	10	20	25	40	0		
	Distance	500	400	950	1350	1850	225		
Horaires	Catégories	Départ	Mini-boucle	Petite Boucle	Moyenne Boucle	Grande Boucle	Arrivée	Distance	Dénivelé
9h45	Cross Long H&F Cadet à Master	1		1	1	2	1	6725	125
10h30	POF, POG	1	1				1	1125	10
10h45	BF, BG, MF	1			1		1	2075	20
11h05	MG, CF	1		2			1	2625	25
11h30	Cross Court H&F Cadet à Master	1		1		1	1	3525	60

Départ ABCA = 500m



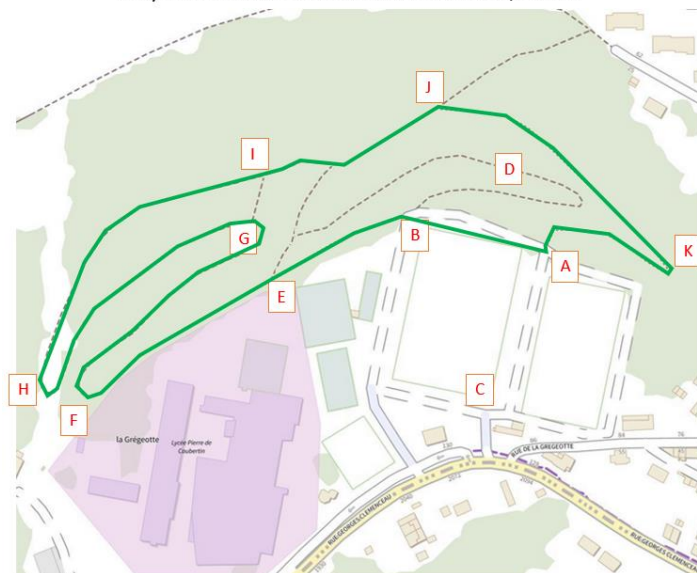
Mini-Boucle = ABEDA = 400 m / 10m D+



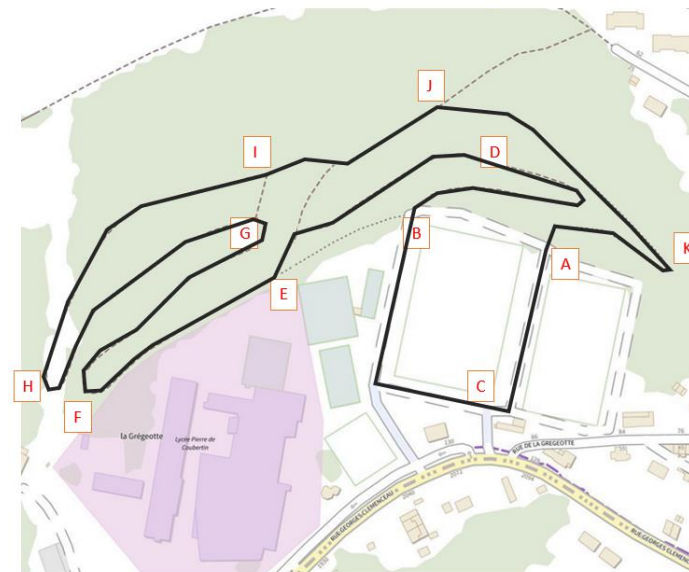
Petite Boucle = ABEFGIJK = 950 m / 20m D+



Moyenne Boucle = ABEFGHIJK = 1350 m / 25 D+



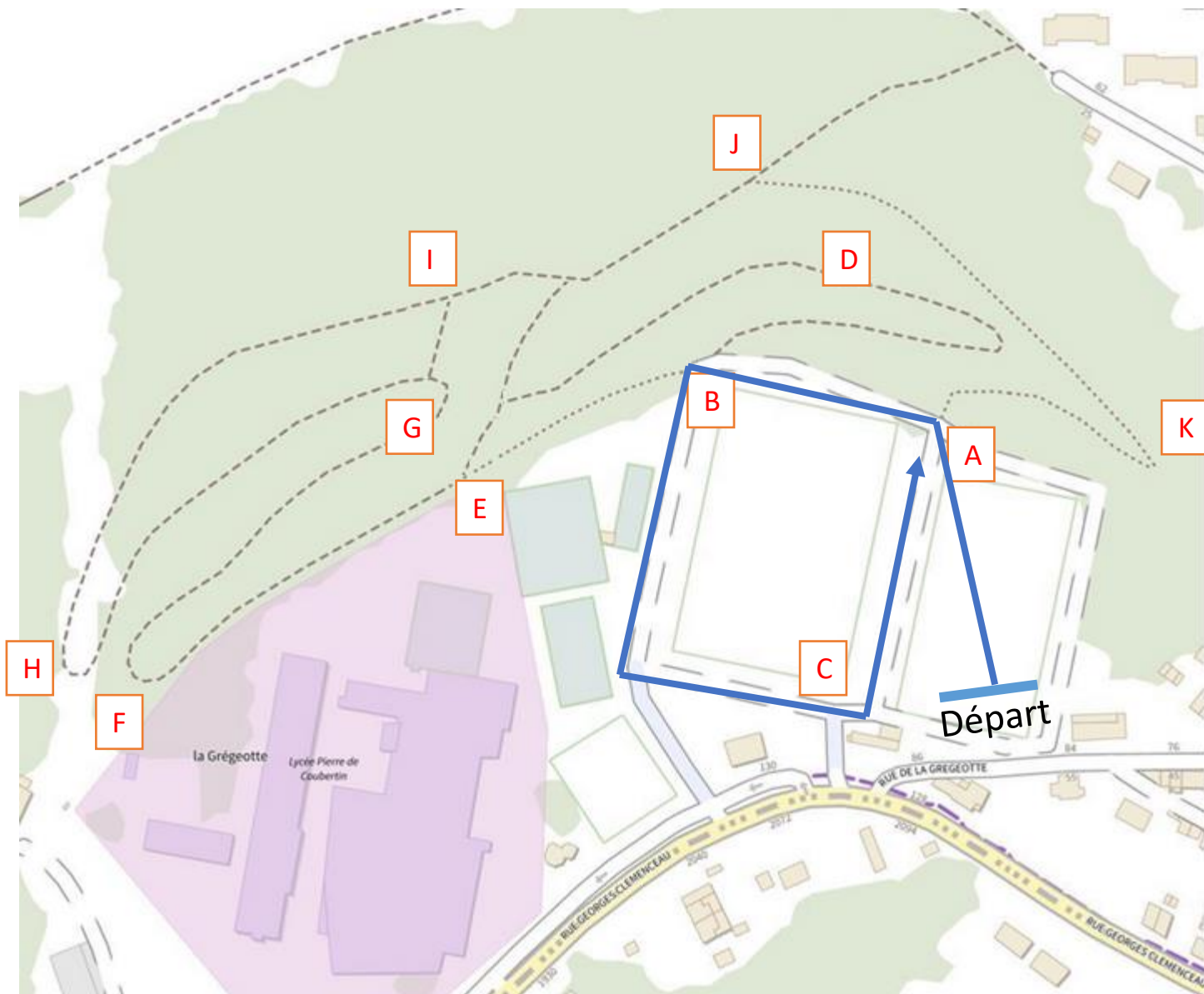
Grande Boucle = ACBDEFGHIJK = 1850 m / 40 D+



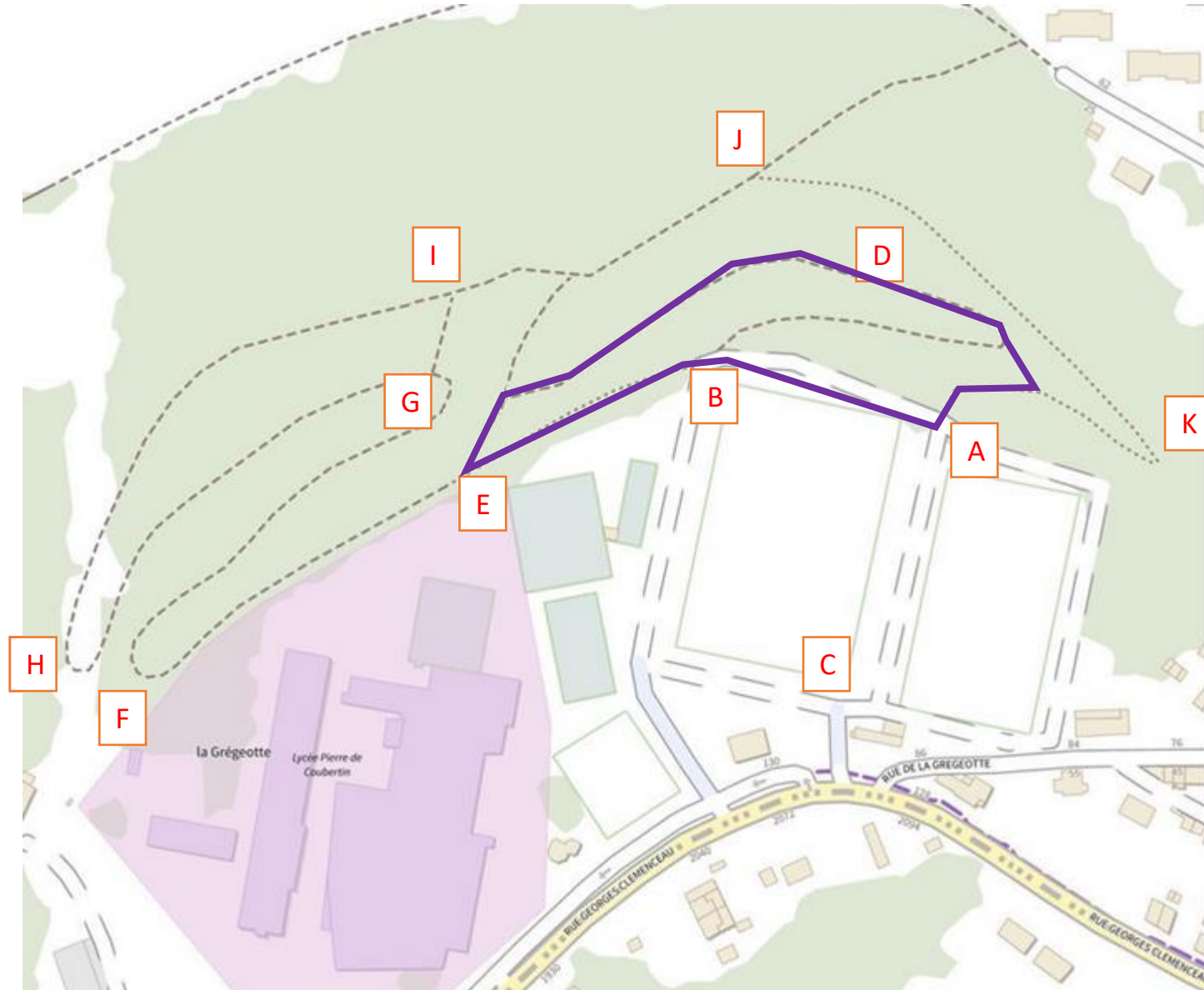
AC Arrivée = 250m



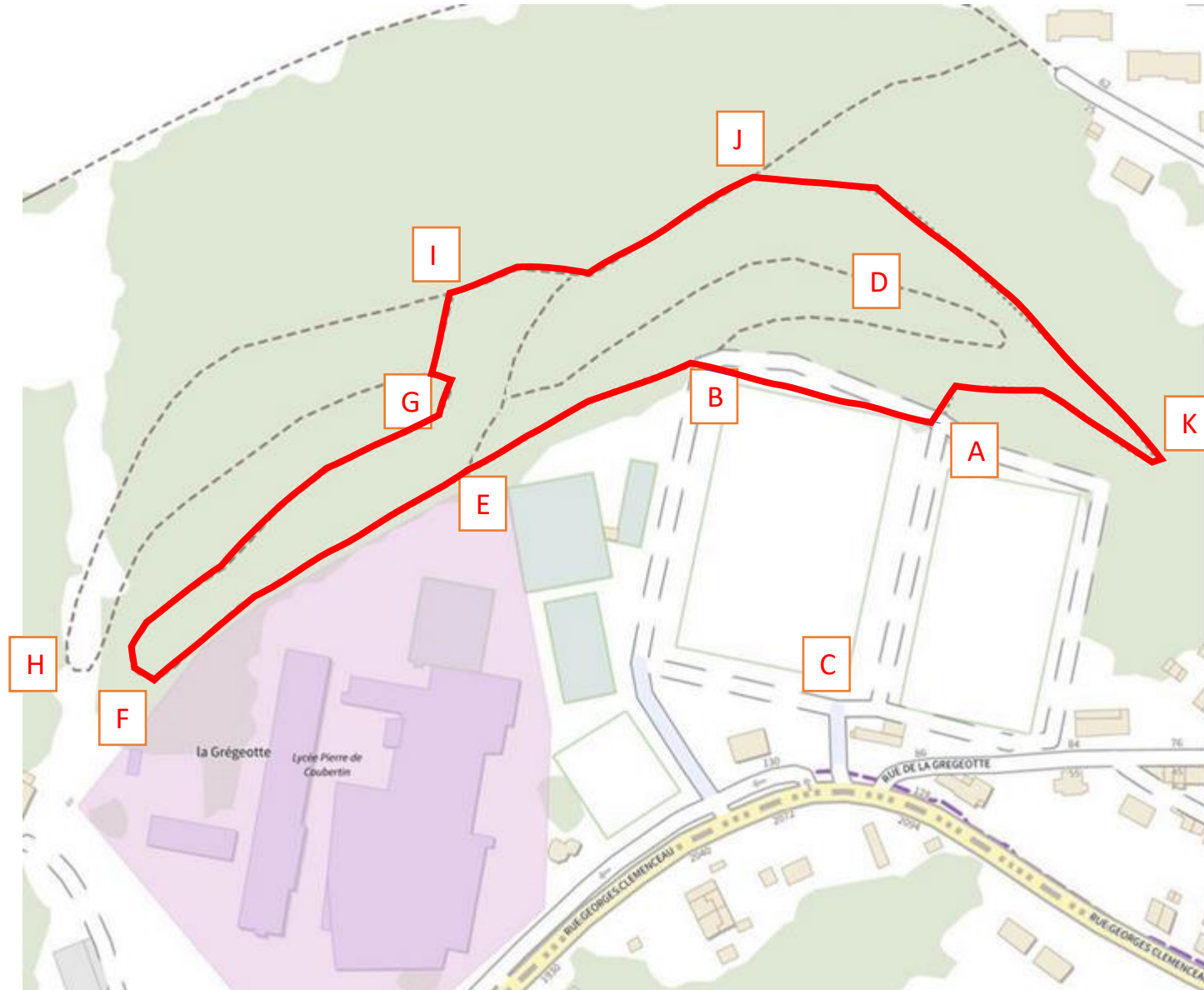
Départ ABCA = 500m



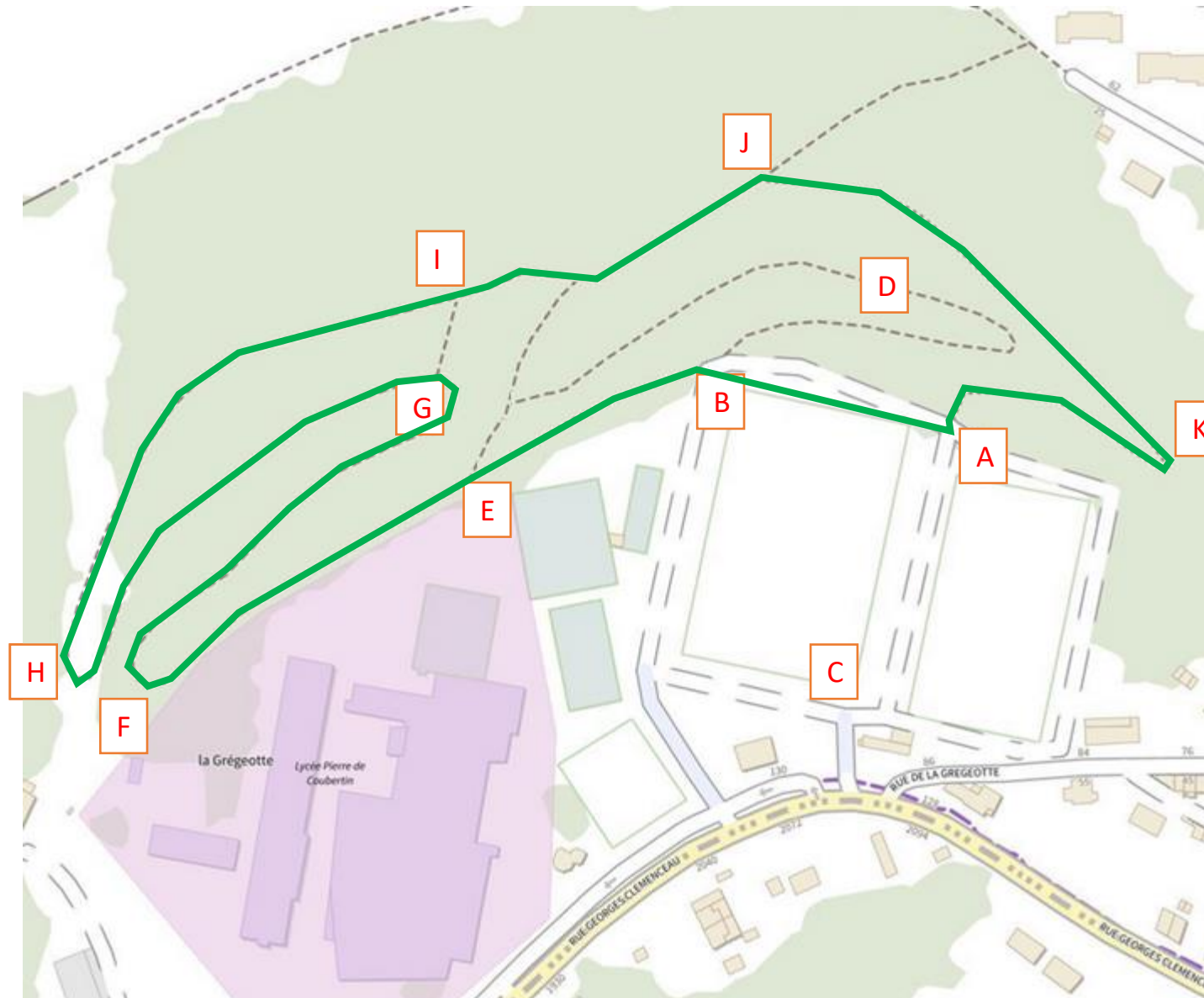
Mini-Boucle = ABEDA = 400 m / 10m D+



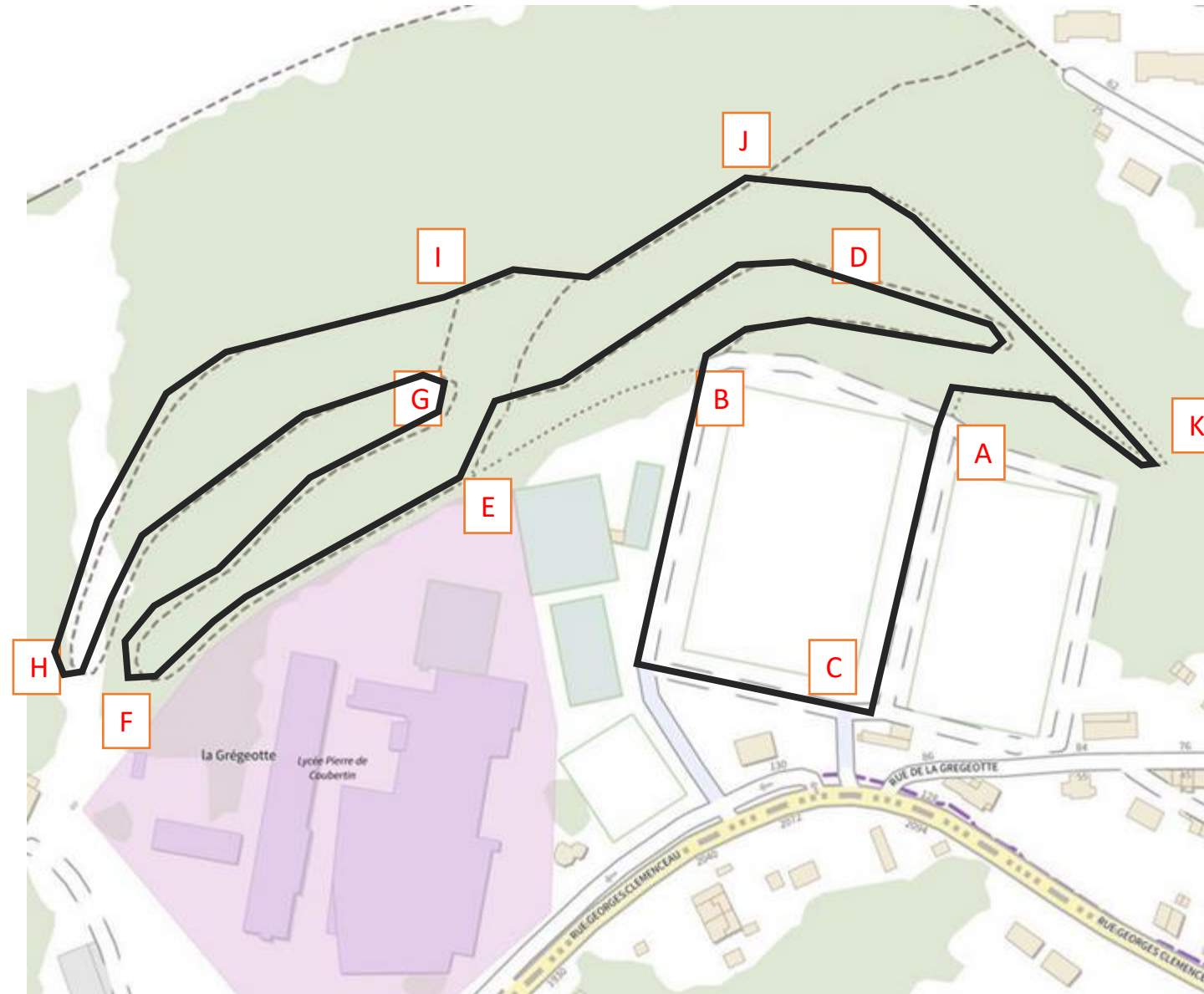
Petite Boucle = ABEFGIJK A = 950 m / 20m D+



Moyenne Boucle = ABEFGHIJKA = 1350 m / 25 D+



Grande Boucle = ACBDEFGHIJKA = 1850 m / 40 D+



AC Arrivée = 250m

